

Life Is Full Of Choices Foundational Principles for Family Peace



The Purpose of the Seminar:

Learn the Relational Skills and Effective Practices
that Benefit Us, our Kids and the Whole Community

How many of us would like to:

- Know the limits of our responsibilities as we interact with others?
- Be able to set healthy boundaries with those around us?

How many of us who have kids in our lives would like to:

- See those kids behave better?
- Not repeat the same thing over and over again to them?
- Not feel like the “bad guy” when maintaining boundaries?
- Be released from feeling the need to yell at my kids to get them to obey?
- Be sure we are doing our best for our kids?

In the last generation or two our society and culture have gravitated toward the understanding that parenting is, or should be, a “natural” process. The truth seems to be that “Everyone can do it.” The prevailing opinion is that most of the time if the adults will just “get out of the way” the kids will turn out just fine.

It doesn't work.

Because of the fragmentation of the family, many people have never had parents or grandparents who have walked with them and guided them through an understanding of what parenting is and how to raise kids who will become responsible adults. The degree of misunderstanding about what parenting should be is significant, and it is growing.

Culture, living situations, and societal pressures have changed the parenting model that is currently in use. It's largely ineffective because it is based on psychologist's wish lists not the reality of kids needs.

Recent generations have witnessed a lengthening of adolescence, now lingering into the late teen years and even early twenties as “kids stay kids” much longer.

Even defining what “maturity” is may represent confusion to some. What is the true definition of “growing up?”

These cultural realities shaped our parents perceptions of their role as parents and shaped our perception of parenting when we were kids. Now, kids who (at least at times) are out of control are being raised by adults who (at least at times) are out of control because they don’t know what to do.

The Life Is Full of Choices Foundational Principles for Family Peace Seminar starts with the concept that our kids legitimately have psychological needs and they will do anything to get those needs met. At the same time they are not good at asking for what they need. Therefore, we identify and provide for their **Four Core Needs** by looking at their actions – not just listening to their words. With their words they ask for what they want; with their actions they ask for what they need.

We then explore the **Three Cornerstones** of Life Is Full of Choices. We discover how understanding and using these Cornerstones help us and our kids avoid and conquer mounting societal pressures that encourage the development of a fatalistic viewpoint, an entitlement mentality and a victimization mindset. When used correctly the **Three Cornerstones** point our kids to a responsible adulthood.

In the third session talk about building communication links with God that allow us to reduce the stress in our lives and give us tools to teach others. This is the glue that holds the whole picture together

We finish the day practicing what we have learned on each other. This give us the words to use and a model to follow as we interact with others.

The results of the seminar – here’s what we hope to achieve:

1. An improved relationship with God
2. A more realistic understanding of the role of parents
3. Better relational skills with those around us
4. Kids who truly become responsible adults – not just children who have added years to their age without adding understanding to their years

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